

	Phone #	Address	Special Notes
ALCOHOL & SUBSTANCE ABUSE HELP			
Al-anon & Alateen Services	734.242.3663	Answering Service	www.monroealanoclub.com
Alcoholics Anonymous of Monroe	734.242.3663	Answering Service	See attached list of meetings in area
Alcoholics Anonymous of Toledo	419.380.9862		
Catholic Charities of Monroe County	734.240.3850	14930 LaPlaisance Rd Ste 123	Counseling & assessments available
Family Center - Mercy Memorial Hospital	734.240.1760	700 Stewart Road	Counseling
Narcotics Anonymous - Mercy Memorial	734.240.8400		See attached list of meetings in area
Rainbow Center of Michigan (Methadone)	734.243.8707	14733 S Telegraph	
Salvation Army Harbor Light - Outpatient	734.457.4340	Monroe, MI	Various Locations
Salvation Army Harbor Light - Inpatient	734.242.5050	Monroe, MI	
SEMCA	1-800-686-6543		
COUNSELING SERVICES			
Caring Alternatives	734.242.8711	2092 S. Custer	ADHD & Risk Assessment Testing
Catholic Charities of Monroe County	734.240.3850	14930 LaPlaisance Rd Ste 123	Also Alcohol & Substance Abuse
Family Center - Mercy Memorial Hospital	734.240.1760	700 Stewart Road	Also Alcohol & Substance Abuse
Family Counseling & Shelter Service	734.241.0180	14930 LaPlaisance Rd Ste 106	
Gabby's Ladder	734.242.8773	431 E Elm	Grief Counseling
Monroe County Community Mental Health	734.243.7340	1001 S. Raisinville Rd	800.886.7340 (EMERGENCY SERVICES)
PrimaCare	734.241.9574	14930 LaPlaisance Rd	Counseling
EMPLOYMENT SERVICES			
Michigan Works (Monroe County Employment/Training)	734.240.7950	1531 N Telegraph	
Michigan Rehabilitation Services	734.241.2440	1070 S. Telegraph	eff 3/3/08 903 S Telegraph, Suite B
Unemployment Insurance Information	800.638.3995	State of Michigan	Labor & Economic Growth Dept

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FINANCIAL & EMERGENCY SERVICES			
Child Protective Services	734.243.7400		24 Hour Number
Community Circle	734.241.1000	Stewart Road Christian Ministries	furniture & household (leave a message)
Credit Counseling	734.457.0370		
Domestic Violence Safe House	734.242.7233		
MCOP	734.241.2775	1140 S. Telegraph	Also has Food Bank
Monroe County Department of Human Services	734.243.7200	903 S Telegraph	Formally FIA
Monroe County MSU Extension Service	734.240.3170	963 S Raisinville Rd	Budget Counseling
National Domestic Violence Hotline	800.800.3855		
National Runaway Switchboard	800.786.2929	1.800.RUNAWAY	
National Suicide Prevention Lifeline	800.273.8255	1-800.273.TALK	
Rape Crisis Line	734.243.6410		
St. Anne's Parish	734.289.2910	2420 N Dixie Hwy	Food Bank (call for hours)
St. Joseph's Food Closet	734.241.9590	937 E Third Street	Wed 11AM-noon (call for hours)
Salvation Army	734.241.0440	1018 E Second Street	Also has Food Bank
Silent Tears (Rape Crisis Program)	734.241.1700		
Social Security Administration	800.772.1213	1300 S. Telegraph	
Thrift Shop Association	734.242.1082	119 S. Monroe	Clothing
United Way of Monroe County (Refferal System)	211	216 N Monroe	734.242.4357
FOOD BANKS			
MCOP	734.241.2775	1140 S. Telegraph	
God Works! (Free meals at various churches throughout week)	734.242.8124	various churches	see attached list for locations/times
St. Anne's Parish	734.289.2910	2420 N Dixie Hwy	(call for hours)
St. Joseph's Food Closet	734.241.9590	937 E Third Street	Wed 11AM-noon (call for hours)
Salvation Army	734.241.0440	1018 E Second Street	
WIC Program (Monroe County Health Department)	734.240.7895	2353 S Custer	

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HOMELESS SHELTERS			
Phiadelphia House I & II	734.242.4266		houses men only
Salvation Army Family Manor	734.241.0440		
Family Counseling & Shelter Services Safe House	734.242.7233		Domestic Violence only
IN-HOME SERVICES			
Caring Alternatives	734.242.8711	2092 S. Custer	
Faith in Action for Monroe County	734.243.2233	6724 N Monroe	
Mercy-Memorial Hospice of Monroe	734.240.8940	725 N Monroe	
MCOP Home Care	734.243.2225	1140 S Telegraph	
MCOP Chore Care	734.242.9453	1140 S Telegraph	
Monroe County Health Department	734.240.7800	2353 S Custer	
LEGAL SERVICES			
Legal Services of Southeastern Michigan	734.241.8310	1118 A S Telgraph	
Monroe County Senior Legal Services	734.241.7644	1126 S Telegraph	senior services only
MEDICAL SERVICES			
Family Medical Center - Carleton	734.654.2169	12448 Grafton, Carleton, MI	
Family Medical Center - Temperance	734.847.3802	8765 Lewis Avenue, Temperance, MI	
Mercy Memorial Hospital	734.240.8400	718 N Macomb	
Mercy Memorial Urgent Care Center - Dundee	866-543-4511	100 Powell Drive, Dundee, MI	
Monroe County Health Department	734.240.7800	2353 S Custer	

Monroe Urgent Care	734-243-3200	750 Stewart Rd., Suite 4	www.monroeurgentcare.com
WIC Program (Monroe County Health Department)	734.240.7895	2353 S Custer	
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PSYCHIATRIC SERVICES			
Dr. Bajpai	734.856.5056	755 Secor Rd, Bedford Twp, MI	Children & Adolescents
Dr. Mubeen Memon	734.241.4851	14930 LaPlaisance Rd	
Dr. Nihal Saran	734.242.2081	730 N Macomb	
Family Medical Center - Carleton	734.654.2169	12448 Grafton, Carleton, MI	
Family Medical Center - Temperance	734.847.3802	8765 Lewis Avenue, Temperance, MI	
SENIOR SERVICES			
Alzheimers Support Group	734.242.3800		
Area Agency on Aging	734.241.2012	14930 Laplaisance Rd Ste 130	
Bedford Senior Center	734.856.3330	Samaria & Jackman, Temperance	
Caring Alternatives	734.242.8711	2092 S. Custer	
Dundee Senior Center	734.529.2401	284 Monroe, Dundee	
Faith in Action for Monroe County	734.243.2233	6724 N Monroe	respite care, visits, housekeeping, etc
Frenchtown Senior Center	734.243.6210	2786 Vivian	
LIFE - Living Independence for Everyone	734.242.6800	14930 Laplaisance Rd	has other locations too
Marion Place	734.241.2414	408 W Front St	Catholic senior housing
MCOP	734.241.2775	1140 S. Telegraph	transportation, chores, etc
MCOP Resource Advocacy	734.241.2776	1140 S. Telegraph	
Monroe Senior Center	734.241.0404	15275 S. Dixie Hwy	transportation, chores, etc
Monroe County Commission on Aging	734.240.7363	29 Washington St	
Monroe County Senior Legal Services	734.241.7644	1126 S Telegraph	
Retired Senior Volunteer Program for Monroe Cty	734.241.8181	58 N Roessler	

